



AKSHARA VAAGDEVI INTERNATIONAL SCHOOL

R.G.R Siddhanthi Education Society | Affiliated to CBSE (Regd. 130323)

IN COLLABORATION WITH



PALLAVI MODEL SCHOOL

Cir-009/AVIS/2021-22

Dated: 07.05. 2021


**Dear Parents,
Greetings!!**


From AVIS in collaboration with Pallavi Model School!!

Hope you all are taking good care of yourselves.

SUBJECT: HOLIDAY ACTIVITIES

GRADE – VI

Subject	Activities during summer break	Resources to be used
English	Write an Essay on the topic. "SIGNIFICANCE OF NUTRITIOUS FOOD" (Words 80-100) Draw and colour a few images of nutritious food. (Speak on the topic and record it .Place your cell phone horizontally and record.)	Use A4 size paper. Any medium of your choice ,watercolours/crayons/sketch pens/colour pencils
II Lang Hindi	1- पौष्टिक आहार के ऊपर अपने परिवार से वार्तालाप करते हुए विडियो बनाइये या 10 से 15 पंक्तियों में वार्तालाप लिखिए ।	Use A4 sheets, colour Pencils/ crayons / sketches
II Lang Telugu	“ఆరోగ్యమే మహా భాగ్యం “ ఆరోగ్యంగా ఉండాలి అంటే మనం ఎలాంటి ఆహారం తీసుకోవాలి అనే అంశంపై వ్యాసము రాయండి .	A4 Size paper. Make it innovative (Colour sheet)
Math	Food Maths Prepare a food pie chart of your family in relation with Carbohydrates, Proteins, and fats intake and the calories obtained from them. And also the name of the food consumed per day. 	Use A4 Size paper. Make it innovative
Science	Nutrition Collect information about essential Nutrients	stick pictures relevant to malnutrition,

	required to our body, and their lack of deficiency diseases. Collect information about malnutrition in children. Write entire information in A4 sheet papers.	Deficiency diseases. colour papers or white A4 sheets,
Social	Prepare a collection of different schemes introduced by the government in terms of nutritious food to be distributed to the lower income groups and prepare a collage of pictures on it.	Scrap book, old news papers, magazines, google,A4 size colour sheets.
I.T	Prepare a PowerPoint presentation on 'Nutrition'. There should be a minimum of 6 to 8 slides. Please include the pictures of your daily diet and make the slides more attractive and informative 	Desktop/laptop with Ms Office- (PowerPoint)

Warm Regards

Ms. G. Vanaja

Principal -AVIS -PMS

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