



# AKSHARA VAAGDEVI INTERNATIONAL SCHOOL

R.G.R Siddhanthi Education Society | Affiliated to CBSE (Regd. 130323)

IN COLLABORATION WITH  **PALLAVI MODEL SCHOOL**

**Cir-009/AVIS/2021-22**

**Dated: 07.05. 2021**

**Dear Parents,**

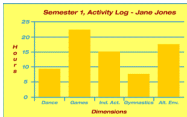
**Greetings!!**


From AVIS in collaboration with Pallavi Model School!!

Hope you all are taking good care of yourselves.

## **SUBJECT: HOLIDAY ACTIVITIES**

### **GRADE - VII**

Subject	Activities during summer break	Resources to be used
<b>English</b>	<b>Topic:</b> Health is Wealth <b>Jigar:</b> Speaks about importance of exercise (video) <b>Aravind:</b> Quotations about the topic on placards <b>Hari Teja:</b> Interview with a nutritionist <b>Riya:</b> Make a tasty and healthy recipe. (video) <b>Joshika:</b> Writes, recites and explains about the topic.( video)	Chart paper, Food items, pictures of people doing exercise, Poem: A4 sheet
<b>II Lang Hindi</b>	1- शरीर के स्वस्थ रहने के फायदे और इसके महत्व के ऊपर विडियो बनाइये	Use A4 sheets, colour Pencils/ crayons / sketches
<b>II Lang Telugu</b>	ఆరోగ్యమే మహా భాగ్యం అనే అంశంపై వ్యాసము రాయండి Suhaas, laasya, Samanvitha, Deekshith, Venkat Amshuman do this only write in A4 sheet and submit in Google classroom	A4 Size paper. Make it innovative (Coloured sheet)
<b>Math</b>	<b>Health is wealth</b> Prepare a bar graph and show the time you give for your health by doing different physical activities( Eg. Walking, Jogging, Yoga, Swimming and cycling etc) for 10days.  Just for reference	Use A4 size paper make it Innovative
<b>Science</b>	Health is Wealth. Prepare a diet chart of a 12 year old child. The diet chart should be balanced and should include food items which are not expensive and are commonly available in your area. 2.To ensure the general health of your family, you should make sure that all members of the family increase the intake of water. Suggest given measures to increase the water intake.	

<b>Social</b>	<p>Prepare a collage of different pictures related to health is wealth introduced by different NGOs and government</p> <p>Poster designing/slogan writing on health is wealth</p>	<p>Old news papers, magazines,A4,size colour sheets.</p>
<b>I.T</b>	<p>Prepare a PowerPoint presentation on 'Health is Wealth'. There should be a minimum of 6 to 8 slides. Please include the pictures of healthy food and make it more informative and attractive</p> 	<p>Desktop/laptop with Ms Office- (PowerPoint)</p>

**Warm Regards**

**Ms. G. Vanaja**

**Principal -AVIS -PMS**

**Mail Id: [principal@avinternationalschool.org](mailto:principal@avinternationalschool.org)**